



Recommended Items to Include in a Basic Emergency Supply Kit:

- ☐ **Water and non-perishable food for several days**
- ☐ **Extra cell phone battery or charger**
- ☐ **Battery-powered or hand crank radio that can receive NOAA Weather Radio tone alerts and extra batteries**
- ☐ **Flashlight and extra batteries**
- ☐ **First aid kit**
- ☐ **Whistle to signal for help**
- ☐ **Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place**
- ☐ **Moist towelettes, garbage bags and plastic ties for personal sanitation**
- ☐ **Non-sparking wrench or pliers to turn off utilities**
- ☐ **Can opener (if kit contains canned food)**
- ☐ **Local maps**

FEMA's Ready Campaign

educates and empowers Americans to take some simple steps to prepare for and respond to potential emergencies, including those from natural hazards and man-made disasters. Ready asks individuals to do three key things: get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and appropriate responses. Everyone should have some basic supplies on hand in order to survive several days if an emergency occurs. This list of emergency supply kit items is only a starting point. It is important that individuals review this list and consider the unique needs of their family, including pets, for items to include. Individuals should also consider having at least two emergency supply kits, one full kit at home and smaller portable kits in their workplace, vehicle or other places they spend time.



FEMA

Federal Emergency Management Agency
Washington, DC 20472



Additional Items to Consider Adding to an Emergency Supply Kit:

- ☐ **Prescription medications and glasses**
- ☐ **Infant formula and diapers**
- ☐ **Pet food, water and supplies for your pet**
- ☐ **Important family documents such as copies of insurance policies, identification and bank account records in a portable waterproof container**
- ☐ **Cash and change**
- ☐ **Emergency reference material such as a first aid book or information from www.ready.gov**
- ☐ **Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.**
- ☐ **Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.**
- ☐ **Fire Extinguisher**
- ☐ **Matches in a waterproof container**
- ☐ **Feminine supplies, personal hygiene items and hand sanitizer**
- ☐ **Mess kits, Paper cups, plates and disposable utensils, paper towels**
- ☐ **Paper and pencil**
- ☐ **Books, games, puzzles or other activities for children**



Ready

Prepare. Plan. Stay Informed.®



Emergency Supply List



FEMA

www.ready.gov

Emergency Preparedness for Caregivers of Non-Verbal Individuals

Simple steps to prepare, communicate, and stay safe during an emergency



1



1. Make a Communication Plan

- Write down how your child communicates best.
- Pack AAC tools, picture cards, or a backup device.
- Share calming strategies, routines, and key phrases.

2



2. Create an Emergency Profile

- Name, photo, diagnosis, and allergies
- Medications and doctor contacts
- Sensory triggers and behavior supports
- Emergency contacts and pickup plan

3



3. Pack a Go-Bag

- Medicines and medical supplies
- Snacks, water, and comfort items
- Chargers, batteries, and flashlight
- Headphones, visual supports, and extra clothes

4



4. Plan for Evacuation & Shelter

- Know where you will go.
- Plan transportation in advance.
- Bring communication and support items.
- Tell responders what your child needs.

5



5. Practice and Reassure

- Practice your plan using simple steps or visuals.
- Keep instructions short and calm.
- Prepare teachers, grandparents, and caregivers.
- Update your plan every 6 months.



Remember

Every person is different. The best emergency plan is personal, practiced, and accessible



In an Emergency

If there is immediate danger, **call 911.**



Prepare Your Pets for Disasters

Your pets are important member of your family! This is why they should be included in your family's emergency plan.

To prepare for the unexpected, keep your pets in mind as you follow these tips:

1. Make a plan.
2. Build an emergency kit.
3. Stay informed.

Make a Plan

If you have a plan in place for you and your pets, you will likely encounter less difficulty, stress and worry when you need to make a decision during an emergency.

THINGS TO INCLUDE IN YOUR PLAN:



- **Know what to do with your pet during an evacuation .** Many public shelters and hotels do not allow pets inside. Know a safe place where you can take your pets before disasters and emergencies happen.
- **Develop a buddy system.** Plan with neighbors, friends or relatives to make sure that someone is available to care for or evacuate your pets if you are unable to do so.
- **Have copies of your pet's vaccination record, and make sure your pet is microchipped.** Keep your address and phone number up-to-date and include an emergency contact outside of your immediate area.
- **Keep contact information for your local emergency management office or animal control office and shelters on hand** in case you become separated from your pet.

Build a Kit for your Pet

Just as you do with your family's emergency supply kit, think first about the basics for survival.

Review your kit regularly to ensure that their contents are fresh.

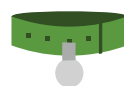
HERE ARE SOME ITEMS TO INCLUDE IN AN EMERGENCY KIT FOR YOUR PET:

- **Food and Water.** Keep several days' supply of both.
- Keep food in an airtight, waterproof container, and have a water bowl to use.




Ready®



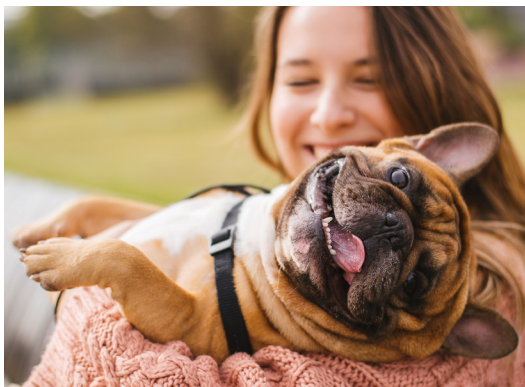
- **Medicine.** Keep an extra supply of the medicine your pet takes on a regular basis in a waterproof container.
- **First aid kit.** Include items appropriate for your pet's emergency medical needs.
- **Backup collar with ID tag and a harness or leash.** Have copies of your pet's registration information in a waterproof container and available electronically. 
- **Traveling bag, crate or sturdy carrier** for each pet.
- **Grooming items.** Pet shampoo and other items, in case your pet needs some cleaning up. 
- **A picture of you and your pet together.** If you become separated from your pet, a picture will help you document ownership and allow others to assist you in identifying your pet.
- **Sanitation needs.** Include pet litter and litter box, trash bags and other items to provide for your pet's sanitation needs.
- **Familiar items.** Put favorite toys, treats or bedding in your kit to reduce stress for your pets. 

Stay Informed

Stay informed of current conditions and know how you will receive emergency alerts and warnings.

Download the FEMA app to get weather alerts for up to five different locations anywhere in the United States.

Always bring your pets indoors at the first sign or warning of a storm. For more information about how to prepare your pets, visit [Ready.gov/pets](https://www.ready.gov/pets).





12 WAYS TO PREPARE



**Sign up
for Alerts
and Warnings**



Make a Plan



**Save for a
Rainy Day**



**Practice
Emergency
Drills**



**Test Family
Communication
Plan**



**Safeguard
Documents**



**Plan with
Neighbors**



**Make Your
Home
Safer**



**Know
Evacuation
Routes**



**Assemble or
Update
Supplies**



**Get Involved in
Your Community**



**Document and
Insure Property**