

# COVID-19 Information



PICKAWAY COUNTY  
PUBLIC HEALTH

*We Care.*

740-477-9667

[www.pchd.org](http://www.pchd.org)

## WHAT TO DO IF YOU HAVE POSSIBLE OR CONFIRMED COVID-19:



- **Stay home** from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



- **Monitor your symptoms** carefully. If your symptoms get worse, call your healthcare provider immediately.



- **Get rest and stay hydrated.**



- If you have a medical appointment, **call the healthcare provider** ahead of time and tell them that you have or may have COVID-19.



- For medical emergencies, call 911 and **notify the dispatch personnel** that you have or may have COVID-19.



- **Cover your cough and sneezes.**



- **Wash your hands often with** soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



- As much as possible, **stay** in a specific room and **away from other people** in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



- **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.



- **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label

instructions.

For the latest information on COVID-19, visit [coronavirus.ohio.gov](http://coronavirus.ohio.gov). In addition, those with questions about COVID-19 can call the Ohio Department of Health (ODH) hotline at 1-833-4-ASK-ODH (1-833-427-5634).