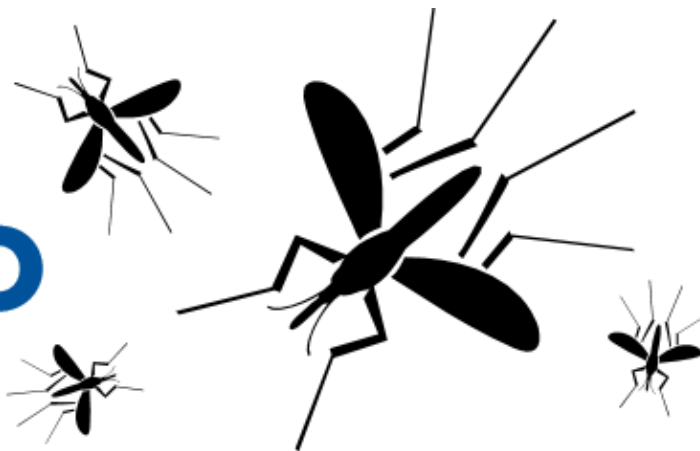


Prevent Mosquito Bites



Protect yourself and your family from mosquito bites that can make you sick.

Wear Insect Repellent

It's the BEST way to prevent bites, even for children and pregnant women. Use EPA-approved products and look for the following active ingredients:

- DEET
- Picaridin
- IR3535
- Oil Of Lemon Eucalyptus
- Para-Menthane-Diol

Young Children & Infants

- Always follow the insect repellent label carefully.
- Apply it for them and avoid hands, eyes and mouth.
- Do not use lemon eucalyptus on children under 3 years old.
- Do not use insect repellent on babies younger than 2 months of age. Instead, place a fitted mosquito net around their infant seat or carrier.

Cover Up

- When weather permits, wear long-sleeved shirts and pants.
- For extra protection, treat clothing with permethrin.

Keep Mosquitoes Outside & Away from Your Home

- Use screens on windows and doors.
- Use air conditioning when you can.
- Keep mosquitoes from laying eggs in and near standing water by getting rid of standing water.

More info at www.Columbus.gov/Mosquito

Sources:

http://www.cdc.gov/malaria/resources/pdf/fsp/repellents_2015.pdf

<http://www.cdc.gov/westnile/faq/repellent.html>

<http://www.cdc.gov/malaria/toolkit/DEET.pdf>

PICKAWAY COUNTY GENERAL HEALTH DISTRICT
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www.pchd.org

6/2017



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on babies
younger than
2 months
old.



**PICKAWAY COUNTY
PUBLIC HEALTH**
We Care.